Entry into Lower Saxony – Osnabrück - Information regarding Corona:

Status: February 2, 2021
Please note that the regulations regarding entry, corona testing, reporting and quarantine obligations may change at short notice.

Please read the information on travel restrictions / border controls on the website of the German Federal Ministry of the Interior.

Entry restrictions and Entry bans
Depending on the country or region from which you are entering Germany, different entry requirements apply. The Robert Koch-Institut (RKI – the German public health institute) identifies the international risk areas and regularly updates their overview. A distinction is made between the following areas:
Areas with new virus variants (areas of variant of concern)
High incidence areas
Risk areas
Areas that are no longer considered risk areas

Entry ban from countries with new virus variants
For these areas, a transport ban applies to companies in rail, bus, ship or air transport. In principle, these companies are not allowed to transport persons from virus variant areas to Germany. Exceptions to the transport ban are possible in a few individual cases. Entry for study purposes does not fall under these exceptions. An entry ban also applies to persons who wish to enter Germany from virus-variant areas themselves (i.e. without a transport company). These regulations will initially apply until February 17, 2021.

Entry from a Risk Area – Quarantine, Testing and Reporting Obligations
If you enter Germany from abroad and have been in a risk area within 10 days before entering the country, you have an obligation to quarantine yourself, to get tested and to report your entry

1. test
You are obliged to get tested. The following 2-test-rule applies as of January 11, 2021:
first test: You have to get a test either within 48 hours before entering Germany or directly after entering the country.
Second test: The second test takes place no earlier than the fifth day after entry.

2. quarantine
Your are obliged to go directly to your accommodation immediately after arrival and to stay there without interruption for a period of 10 days after arrival. During this period, you are not allowed to receive visits from persons who do not belong to your own household. You may leave quarantine to perform the test (and only for this purpose), only for the direct route to and from the test. You must remain in quarantine until the test result of the second test is available and negative.

3. reporting
You are obliged to immediately contact the Public Health Service for the District and City of Osnabrück and report to them that you are subject to quarantine. To do so, please use the digital contact form for new entrants and do so immediately after entering the country.
Please note: Even if the first test is negative, you are still subject to the quarantine and reporting obligations.

You can have the test done in a test center in Osnabrück. To do this, please contact the health service in Osnabrück by phone (00 49 541 501-1111, Mon-Fri 9-14 hrs) and state your name, date of birth, address in Osnabrück, your mobile phone number and the country you have entered Germany from. The health service will forward this data to the test center and the test center will inform you by telephone when and where the test will take place. The test is subject to a fee. The test result is usually available within one or two days and can be retrieved via the communicated QR code. The test result must only be sent to the health service if the health service requires it. In this case, please submit it by mail (corona@Lkos.de)

**Entry from a Country/Region that is not a Risk Area**
You can get yourself tested on a voluntary basis and pay for the test.

**Appearance of Symptoms**
The following symptoms indicate an infection with the coronavirus: cough, fever, sometimes sore throat, runny nose, loss of sense of smell/taste, headache and aching limbs.

Those who are subject to quarantine and have no negative test results are obliged to immediately inform the Public Health Service of Osnabrück of their symptoms (Corona Hotline of the Health Service: 00 49 541 501-1111).

If you have these symptoms, please consult a doctor. The following general practitioners have a joint practice very close to the university (Caprivi Campus) and are aware that international students may seek their advice. Communication in English is possible. Please call and describe the symptoms before you go there.
Practice Lankenfeld (Dr. Uwe Lankenfeld, Dr. Lena Schillak, Stephanie Friederich)
Lotter Str. 82, 49078 Osnabrück, phone: +49 541 41422, hausarztpraxis@lankenfeld.de

**Support from Osnabrück University of Applied Sciences**
Visiting Students: Please contact the colleagues in the [International Faculty Office of your faculty](#) if you have questions or need support.
Degree-seeking students: Please contact the [Center for International Students](#) if you have questions or need support.

**Sources:**
Website of the Public Health Service for the District and City of Osnabrück, Daily Life - Information for Travellers (in German): [https://corona-os.de/im-taeglichen-leben#accordion-286](https://corona-os.de/im-taeglichen-leben#accordion-286)


Robert-Koch-Institut:
Informationen des Robert-Koch-Instituts zur Ausweisung internationaler Risikogebiete durch das Auswärtige Amt, Bundesministerium für Gesundheit, Bundesministerium für Inneres

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Center for International Mobility
Osnabrück University of Applied Sciences