Entry into Lower Saxony – Lingen - Information regarding Corona:

Status: March 9, 2021
Please note that the regulations regarding entry, corona testing, reporting and quarantine obligations may change at short notice.

Please read the information on travel restrictions / border controls on the website of the German Federal Ministry of the Interior.

Entry restrictions and Entry bans
Depending on the country or region from which you are entering Germany, different entry requirements apply. The Robert Koch-Institut (RKI – the German public health institute) identifies the international risk areas and regularly updates their overview. A distinction is made between the following areas:
- Areas with new virus variants (areas of variant of concern)
- High incidence areas
- Risk areas
- Areas that are no longer considered risk areas

Entry ban from countries with new virus variants
For these areas, a transport ban applies to companies in rail, bus, ship or air transport. In principle, these companies are not allowed to transport persons from virus variant areas to Germany. Exceptions to the transport ban are possible in a few individual cases. Entry for study purposes does not fall under these exceptions. An entry ban also applies to persons who wish to enter Germany from virus-variant areas themselves (i.e. without a transport company). These regulations will initially apply until March 17, 2021.

Entry: Quarantine, Testing and Reporting Obligations
If you enter Germany from abroad, different obligations apply to you depending on the area from which you enter:

1. If you have stayed in a virus variant area within 10 days prior to entry:
   No entry is currently possible due to the travel /transport ban.

2. If you have been in a high incidence area within 10 days prior to entry:
   - **Test:**
     You are required to be tested before you even begin your journey to Germany. The test (PCR test or special antigen test) must be taken no earlier than 48 hours before entry. You must present a negative test result to the carrier (e.g. the airline) before departure. You may also be required to present the negative test result during immigration inspections.
   - **Quarantine:**
     Regardless of the result of the first test, you are required to go directly to your accommodation immediately after entry and stay there without interruption for a period of 14 days after arrival. During this period, you are not allowed to receive visits from persons who do not belong to your own household.
   - **Reporting:**
     You are obliged to make an entry notification via www.einreiseanmeldung.de immediately after entry and to notify the existence of the quarantine obligation.
3. If you have been in a risk area within 10 days prior to entry:

**Test:**
You are required to be tested (PCR test or special antigen test) either within 48 hours before arrival or immediately after entry.

**Quarantine:**
Regardless of the result of the first test, you are required to go directly to your accommodation immediately after entry and stay there without interruption for a period of 14 days after arrival.
During this period, you are not allowed to receive visits from persons who do not belong to your own household.
You can shorten the quarantine by having a second test done. This test can be done no earlier than on the fifth day after your entry. You may leave quarantine to have this test (and only for this purpose), only for the direct route to and from the test. You must remain in quarantine until the test result of the second test is available and negative. There is a charge for the test (about 85 euros for PCR test or special antigen test; no rapid tests, please email reiserueckkehrer@emsland.de for information on test centers and registration procedures).

**Reporting:**
You are obliged to make an entry notification via https://www.einreiseanmeldung.de immediately after entry and to notify the existence of the quarantine obligation.

4. If you come from an area that is not (anymore) classified as a risk/high incidence/viral variant area:

No entry restrictions, testing or quarantine requirements apply. You can get tested voluntarily as a self-payer.

**Appearance of Symptoms**
The following symptoms indicate an infection with the coronavirus: cough, fever, sometimes sore throat, runny nose, loss of sense of smell/taste, headache and aching limbs.

If you have these symptoms, please consult a doctor. The following general practitioners have a joint practice close to the university (Lingen Campus) and are aware that international students may seek their advice. Communication in English is possible. Please call and describe the symptoms before you go there.
Ludger Konrad Albers, Facharzt für Allgemeinmedizin, Am Wall Süd 20, 49808 Lingen
Tel.: 0591 – 90 111 100, info@hausarzt-albers.de, https://www.hausarzt-albers.de/

**Support from Osnabrück University of Applied Sciences**
Visiting Students: Please contact the colleagues in the International Faculty Office of your faculty if you have questions or need support.
Degree-seeking students: Please contact the Center for International Students if you have questions or need support.

**Sources:**
Website Robert Koch Institut: Information on the designation of international risk areas
Website of the Federal Ministry of Health: Current Information for Travellers
Website Federal Ministry of the Interior, Coronavirus: Corona Virus _ Frequently Asked Questions
Website of the Public Health Service for the District and City of Osnabrück, Daily Life - Information for Travellers: https://corona-os.de/im-taeglichen-leben#accordion-286 (in German)

Website of the City of Lingen, Information for travellers: https://www.lingen.de/politik-rathaus-service/im-fokus/informationen-fuer-den-reiseverkehr.html (in German)

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Center for International Mobility
Osnabrück University of Applied Sciences